

**ITS Summit**  
**Workgroup: Redefining the Therapeutic Approach**  
**September 2017 Report**

## **Redefining the Therapeutic Approach**

### **Participants:**

Dr. John Capuco (Bureau of Developmental Services), Jill FitzGerald (Easterseals), Greg Steelman (Moore Center), Ellen Denoncour (Monadnock Developmental Services), Sofia Hyatt (Community Partners), Lenore Sciuto (Onesky Community Services), Nancy Morse (Community Partners), Gayle Tondreau (Community Partners), Robert Bowen (Consultant), Susan Beltz

### **Meeting Occurrence:**

April 19, 2017, May 9, 2017, June 2, 2017, June 16, 2017, July 12, 2017 (combined meeting with Training Workgroup), August 29, 2017

### **Group Discussion Summary**

The “Redefining the Therapeutic Approach” workgroup discussed a number of important treatment intervention strategies aimed at improving overall quality of care, staff retention, and reducing long-term fiscal impact for the Intensive Treatment Service population over time. The primary discussion focused on needing to operate from a more comprehensive therapeutic framework that recognizes the clinical complexities of this high risk high need population. Specifically, moving away from solely a traditional behavioral lens/model and moving towards an approach that recognizes and is responsive to the treatment and risk management needs of this population. The group determined an initial focus on implementation of the Trauma Informed Care evidence-based model statewide would begin to respond to this need.

### **Group Action**

- The workgroup determined that a Trauma Informed Care Training curriculum already exists and is being implemented by Easterseals and The Moore Center statewide at this time it is not being done statewide in a comprehensive manner. The group reviewed these curricula and determined that Greg Steelman and Jill FitzGerald will combine these into one comprehensive training that can be rolled out to a variety of audiences on an ongoing basis statewide.
- The workgroup determined that a plan for training rollout and sustainability (inclusive of ongoing consultation and supervision relative to Trauma Informed Care) needs to be addressed. The workgroup met with the “Training” workgroup to identify ways in which to collaborate. The outcome of this meeting is to work with the Training group on identifying target audiences (inclusive of administrators, managers, direct support professionals, etc.) and schedule a training rollout to occur in FY18.

### **Group Next Steps**

- The group discussed the need for fiscal support for this Trauma Informed Care training rollout inclusive of ongoing consultation and supervision. Dr. Capuco will discuss this funding need with the state and will draw on outcomes from both an Easterseals/Gateways Community Services pilot completed in 2014-2015 as well as outcomes from the Moore Center's training pilot completed in 2014 – 2016.
- Jill FitzGerald and Greg Steelman will finalize a comprehensive Trauma Informed Care Curriculum (with variations specific to target audiences) to prepare for an FY18 rollout.
- Nancy Morse will engage Community Partners leadership to determine a plan for how to embrace the Trauma Informed Care model systemically and trouble shoot any potential areas of concern.